



Welcome to the DC/MD/VA Areas Online ECK Events Pages

All events listed below are sponsored by *Eckankar - The Path of Spiritual Freedom*. They are open to the public, free of charge, and are hosted via [Zoom.us](https://zoom.us). To participate in any of these events, please send an email request as indicated below to receive the Zoom login information for the corresponding event.

Sunday, October 3, 2021, at 7 PM

Experience the *Sound of Soul*

Throughout the ages, followers of many spiritual traditions have used prayer, the singing of holy words, and meditation to bring themselves closer to God. In the same way, those who have discovered HU, an ancient name for God, sing it for their spiritual upliftment. Singing HU can help to smooth out some of the daily ruffles in our lives and expand our awareness and enjoyment of life. It can help open our hearts to experience a greater amount of God's love. Regardless of your beliefs or religion, you can sing HU to become happier and more secure in God's love. You are invited to join us in this simple spiritual exercise. We will spend twenty minutes singing/chanting the word HU, followed by five minutes of quiet contemplation. Afterward, there will be some time for discussion and sharing.

To register for this free event, please send an email request to spiritualdiscussions12@gmail.com and you will receive Zoom event login information via a return email.

Sunday, October 10, 2021, at 11 AM

***The Book of ECK Parables, Volume 2* – Online Book Discussion (6-month discussion)**

The stories are just amazing and spiritually revealing. This book helps us all realize that we also have stories in our life that have made a difference in our unfoldment. **You do not need to have the book to be a part of this book discussion.** The facilitators will summarize some favorites with discussion to follow. Those of you who have read the book will surely have your own favorites that lit up for you! And we will all have the opportunity to tell our own personal stories that have helped us see God in our lives. October's discussion will cover Chapters 7 (*Love*) and 8 (*Spiritual Healing*).

The Book of ECK Parables, Volume 2 brings real life stories from people like you and me into our 2nd Sunday book discussion. We warmly invite you to share this time with us as together, we discover spiritual insights that can be revealing, revitalizing, and even life-changing. As written so eloquently on the back cover of the book: *"In the classroom of life, the lessons of the heart and Soul usually come through hard knocks. Where are the teachers who can show us an easier, faster way? In the tradition of the great spiritual*

Masters, Sri Harold Klemp, leader of Eckankar, clearly outlines the hidden secrets of God and Self.

These tales give real solutions, but not in the way you'd expect. Physical, emotional, mental or spiritual – you'll learn how to tackle tough problems from the higher viewpoint of your true self, Soul. Hard knocks or spiritual gold? It's up to you. Each experience can build strength, awareness, and new love for life – when you understand it. These parables could show you how."

If you would like to purchase the book, there are a couple ways to obtain one:

1. Order from Eckankar though Eckbooks.org
2. Order from Amazon at Amazon.com

To register for this free event, please send an email request to spiritualdiscussions12@gmail.com and you will receive Zoom event login information via a return email.

Wednesday, October 13, 2021, at 7 PM

Spiritual Video Night

Enjoy the timeless wisdom of the spiritual leader of ECKANKAR, Harold Klemp. Come join us for a 30 minute video from Harold Klemp's talk, "***The Road to Spiritual Freedom: a History.***" Uplifting and insightful, his talks can help you unravel some of the perplexing mysteries of life. Each showing will be followed by group discussion; a time to share your own experiences and nagging questions about life's many challenges.

To register for this free event, please send an email request to spiritualdiscussions12@gmail.com and you will receive Zoom event login information via a return email.

Monday, October 25, 2021, at 7 PM

An Online Spiritual Discussion –

Topic: *Why is This Happening, and How Can I Fix It? ECK Wisdom on Solving Problems*

"When you open yourself to divine truth, the mere fact that you can identify a problem means that you have the solution within you. What you are attempting to achieve through the Spiritual Exercises of ECK is the expansion of consciousness whereby you can better see the solution to your problem."

– Harold Klemp, *The Golden Heart*, p. 88

You are Soul – and have the godlike power of creative imagination within you. You can use this creativity to find solutions for every problem and take charge of your own life.

But how do we tap into those abilities? What's standing in our way? How can we remove those barriers and create a happier and more productive life for ourselves – even in very difficult times?

During this spiritual discussion, we'll explore ways to more consciously connect with the Divine power, make true peace with the past, and transform the way we identify and work with problems.

We look forward to seeing you there! Contact Jan at spiritualdiscussions12@gmail.com if you are interested in a free book on this topic and "*Spiritual Wisdom on Problem Solving*" will be mailed to you.

To register for this free event, please send an email request to spiritualdiscussions12@gmail.com and you will receive Zoom event login information via a return email.

