



## Welcome to the ECKANKAR in Virginia Online ECK Events Pages

All events listed below are sponsored by *Eckankar – The Path of Spiritual Freedom*. They are open to the public, free of charge, and are hosted via Zoom.us. To participate in any of these events, please send an email request as indicated below to receive the Zoom login information for the corresponding event.

---

November 14th, 2022, through Tuesday, January 31st, 2023

**Title: *Become a Light to the World* – ECKANKAR Soul Adventure Seminar**

You're invited to explore creative ways to become a light to the world! Experience the 2022 ECKANKAR Soul Adventure Seminar main-hall programs and bonus features.

This special online event includes:

- A new talk by Sri Harold Klemp
- Heart-opening creative arts, and
- Inspiring speakers with stories of spirituality in daily life
- A new digital spiritual art gallery

The highlight of the event is a special video address from Sri Harold Klemp, the spiritual leader of Eckankar—an inspiring, engaging, warmly relatable speaker. He speaks directly to Soul, awakening the love for the divine already within your heart.

The 2022 ECKANKAR Soul Adventure Seminar was recorded live in October 2022, in Minneapolis and is now streaming online November 14, 2022 – January 31, 2023.

**NEW TO ECKANKAR? – BE OUR GUEST!**

Enjoy complimentary free registration as a Guest. Eckankar welcomes people of all faiths and backgrounds to embark upon a virtual spiritual adventure both personal and profound. Explore new opportunities to chart a course for your highest spiritual destiny.

For more information and to register, visit us at <https://www.eckankar.org/eny22-online-event-landing/>. A journey of spiritual discovery awaits you!

“The most important point of all is that you are Soul. Know that you are a spark of God and can exist fully only within the realization of that profound truth. As such, you are a light and inspiration to others.”

— Sri Harold Klemp

**\*\*INTERNATIONAL GUESTS, PLEASE NOTE:** This event is not intended for anyone who is barred by the laws of their country from attending. Please follow the laws of your home country.

---

Sunday, December 11th, 2022, at 7 pm

**Title: *Connect with the Life Force***

***Tune into the Sound Current with HU***

Throughout the ages, followers of many spiritual traditions have used prayer, the singing of holy words, and meditation to bring themselves closer to God. In the same way, those who have discovered HU, an ancient name for God, sing it for their spiritual upliftment. Singing HU can help to smooth out some of the daily ruffles in our lives and expand our awareness and enjoyment of life. It can help open our hearts to experience a greater amount of God's love. Regardless of your beliefs or religion, you can sing HU to uplift your consciousness.

You are invited to join us in this simple spiritual exercise. We will spend twenty minutes singing/chanting the word HU, followed by five minutes of quiet contemplation.

Afterward, there will be some time for discussion and sharing.

You can open yourself and gain a greater awareness of who and what you are as Soul.

You can do this by singing HU. Sing it to yourself or sing it out loud. But do it every day.

**\*\*INTERNATIONAL GUESTS, PLEASE NOTE:** This event is not intended for anyone who is barred by the laws of their country from attending. Please follow the laws of your home country.

To register for this free event, please send an email request to [spiritualdiscussions12@gmail.com](mailto:spiritualdiscussions12@gmail.com) and you will receive Zoom event login information via a return email.

---

Wednesday, December 14th, 2022, at 7 – 8 pm

**Title: *Spiritual Video Night – You Are a Cup for the Living Water***

Enjoy the timeless wisdom of the spiritual leader of ECKANKAR, Harold Klemp.

Come join us for a 30-minute video from his talk, “*You Are a Cup for the Living Water.*”

Uplifting and insightful, his talks can help you unravel some of the perplexing mysteries of life. Each showing will be followed by group discussion; a time to share your own experiences and nagging questions about life's many challenges.

**\*\*INTERNATIONAL GUESTS, PLEASE NOTE:** This event is not intended for anyone who is barred by the laws of their country from attending. Please follow the laws of your home country.

To register for this free event, please send an email request to [spiritualdiscussions12@gmail.com](mailto:spiritualdiscussions12@gmail.com) and you will receive Zoom event login information via a return email.

---

Saturday, December 17, 2022, at 11 am – 12 Noon

**Online Book Discussion – *The Book of ECK Parables, Volume 4***

To make a connection with our everyday life and the ECK, Divine Spirit, is truly a gift.

The stories within *The Book of ECK PARABLES, Volume Four*, were gathered from talks by Harold Klemp, the Spiritual Leader of ECKANKAR. They are simple stories on the surface - but look deeper - turn the story around to reveal different facets of spiritual

lessons and understanding. This is Spirit's gift to you and as you study and contemplate each story - the story becomes yours! They become your lessons. We have an opportunity for spiritual growth every day and this book highlights the many facets of spiritual growth in harmony, discipline, love, trust, death, and reincarnation, and so much more. You do not need the book to be a part of this book discussion. Holly and Lessandra will summarize the stories and invite those with a book to highlight their favorites. You'll also have the opportunity to tell your own personal story. We hope to see you on the third Saturday of the month at 11am.

This month's discussion will cover:  
Chapter Eleven – Becoming a Co-Worker with God  
Chapter Twelve – Tips for Mastership

If you would like to purchase the book, there are a couple ways to obtain one:

1. Order from Eckankar through [Eckbooks.org](http://Eckbooks.org)
2. Order from Amazon at [Amazon.com](http://Amazon.com)

Sponsored by ECKANKAR, the Path of Spiritual Freedom.

**\*\*INTERNATIONAL GUESTS, PLEASE NOTE:** This event is not intended for anyone who is barred by the laws of their country from attending. Please follow the laws of your home country.

To register for this free event, please send an email request to [spiritualdiscussions12@gmail.com](mailto:spiritualdiscussions12@gmail.com) and you will receive Zoom event login information via a return email.

---

