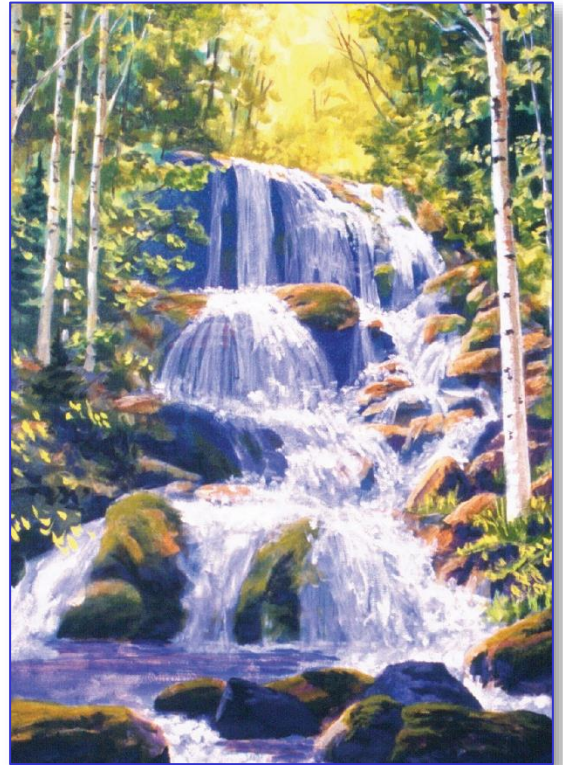
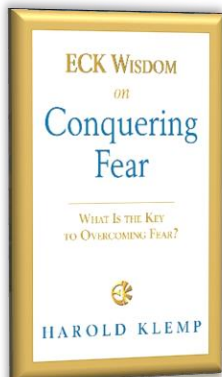


Letting Go of Fear

— A Free In-Person —
Spiritual Discussion



In this lively interactive session, we'll explore:



- ★ A spiritual antidote for combating fear.
- ★ How to manage fear as an element of self-mastery.
- ★ Techniques that can help us begin to heal from fear and anxiety today.

Please Note: Guests will receive a free copy of the book while supplies last.

Sunday, January 11th – 11am to 12pm

Northern Virginia ECK Center

2810 Old Lee Hwy, Suite 301, Fairfax, VA 22031

For more information: <https://eck-va.org/>

**Invite
a friend!**



Sponsored by ECKANKAR
The Path of Spiritual Freedom