

# The Art of Spiritual Living

- A Free In-Person Spiritual Discussion -

## Learn How to Raise Your Spiritual IQ!

Welcome spiritual adventurers! Anyone looking for new frontiers of spiritual experience can find a wealth of intriguing possibilities.

Join us as we share inspiring gems of wisdom—uplifting insights and practical techniques for applying the *art of spirituality* in daily life.

Learn how you can come to know your true divine beingness as Soul through dreams, past lives, and Soul Travel.

All attendees will receive a copy of the book *ECKANKAR: The Art of Spirituality* and the *Raise Your Spiritual IQ Experience Journal*.

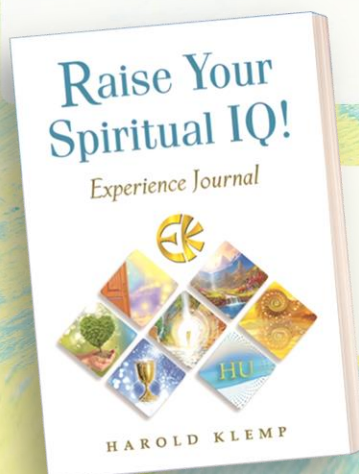


**Wednesday, May 13<sup>th</sup> – 6:30pm to 7:30pm**  
**Bowman Library – Meeting Room**

871 Tasker Road, Stephens City, VA 22655

*Free Booklet and Experience Journal*

For more information: <https://eck-va.org>



**ECKANKAR, the Path  
of Spiritual Freedom**

